



SAGESTONE

COUNSELING AND COACHING

Our Fee Plans

Sagestone offers a variety of ways to manage paying for our services. Upfront, clear fees. See the comparison chart below for details.

Plan Name	Traditional Fee for Service	GRIT	Minutes Matter 110	Minutes Matter 250	Minutes Matter 400	Minutes Matter 1000	Concierge Services
Plan Description	As you know it: pay for each session at the time of the session.	Growing Resiliency in Transition: A plan for clients stepping down to monthly sessions and who desire to continue text and phone support	Use 'em how you want them! Subscription service: virtual, text support, 50 minute sessions, multiple 30 min coaching sessions, and/or three hour intensives - It's your call (requires agreement from your clinician). Fee renews every three months to card on file. Must use all minutes within three months. No refunds. Cancellation must be made via portal message.				Customized, Prioritized, Personal, VIP service
Intake Session	\$250	NA	90 MINUTES	90 MINUTES	90 MINUTES	90 MINUTES	Included
Session Fee (weekly, biweekly, monthly, etc)	\$175	NA	53 MINUTES	53 MINUTES	53 MINUTES	53 MINUTES	Four 50 min sessions/ mo. Same day availability during office hours, Scheduling outside office hours with notice.
Flex Fee Available	YES, please let us know if you are in need.	NO	NA	NA	NA	NA	NA



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Insurance	Out Of Network	NA	Out of Network	Out of Network	Out of Network	Out of Network	Out of Network
Claims filed	Yes	For sessions of 30 mins or greater.	For sessions of 30 mins or greater.	For sessions of 30 mins or greater.	For sessions of 30 mins or greater.	For sessions of 30 mins or greater.	For sessions of 30 mins or greater.
Text Support (9-9)	Yes. Via portal, 9am to 9pm, 7days/week, responses within 24 hours for clinical care, and responses during business hours for scheduling and billing matters.***	Yes. Via portal, b 9am to 9pm,, 7days/week, responses within 24 hours for clinical care, and responses during business hours for scheduling and billing matters. Maximum 3x/week.	Yes. Text messages are 2 mins per clinician text. Same criteria as Traditional Plan	Yes. Text messages are 2 mins per clinician text. Same criteria as Traditional Plan	Yes. Text messages are 2 mins per clinician text. Same criteria as Traditional Plan	Yes. Text messages are 2 mins per clinician text. Same criteria as Traditional Plan	Direct Access to Clinician. Responses within 3 hours, between the hours of 9am and 9pm, 7days/week.
Phone support	Yes. 9am to 9pm, 7 days/ week, responses within 24 hours for clinical care, and responses during business hours for scheduling and billing matters.***	Yes. 9am to 9pm, 7 days/ week, responses within 24 hours for clinical care, and responses during business hours for scheduling and billing matters. Maximum of two 15 min calls	Yes. Phone calls round to the nearest 5 mins. Same criteria as Traditional Plan.	Yes. Phone calls round to the nearest 5 mins. Same criteria as Traditional Plan.	Yes. Phone calls round to the nearest 5 mins. Same criteria as Traditional Plan.	Yes. Phone calls round to the nearest 5 mins. Same criteria as Traditional Plan.	Direct Access to Clinician. Responses within 3 hours, between the hours of 9am and 9pm, 7days/week. Includes 2-15 minute video calls. between 9am and 9 pm.



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		per week					
30 min sessions	\$87.50/session	May schedule a 30 min support session in the same month for \$80 (a \$7.50 discount).	30 MINUTES	30 MINUTES	30 MINUTES	30 MINUTES	Client may use the included 4 full sessions as-is or choose to break one or more 50! session hours into 2-25 minute sessions)
Family/ Partner Sessions	\$175/session	NA	53 MINUTES	53 MINUTES	53 MINUTES	53 MINUTES	Included up to 1 per month
Intensive Sessions	\$175/hour	NA	PER 60 MINUTE HOUR	PER 60 MINUTE HOUR	PER 60 MINUTE HOUR	PER 60 MINUTE HOUR	Included up to 4 hours per month
Frequency of Payment	AT TIME OF SESSION	MONTHLY, AUTO-RENEWS	QUARTERLY AND/OR WHEN MINUTES RUN OUT	QUARTERLY AND/OR WHEN MINUTES RUN OUT	QUARTERLY AND/OR WHEN MINUTES RUN OUT	QUARTERLY AND/OR WHEN MINUTES RUN OUT	MONTHLY
Cost	AS STATED ABOVE	\$110/MO - AUTO RENEWAL	\$352/QUARTER (every 3 month) AUTO-RENEWS (=117.33/mo) <i>Minutes must be used within a 6 month period and auto renews when minutes</i>	\$750/QUARTER, (every 3 month) AUTO-RENEWS (=250/mo) <i>Minutes must be used within a 6 month period and auto renews when minutes</i>	\$1100/QUARTER , (every 3 month) AUTO-RENEWS(=367/mo) <i>Minutes must be used within a 6 month period and auto renews</i>	\$2500/QUARTER, (every 3 month) AUTO-RENEWS (=834/mo) <i>Minutes must be used within a 6 month period and auto renews</i>	\$1,745/MONTH AUTO-RENEWS



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			<i>run out.</i>	<i>run out.</i>	<i>when minutes run out.</i>	<i>when minutes run out.</i>	
Benefits	KEEP IT SIMPLE	Ongoing service while you step down from counseling.	Benefit: 3% fee (>\$5) reduction for sessions Enough time for approx. 2 - 50 min sessions/3 mos*	Benefit: 9% fee (\$16) reduction for sessions. Enough time for approx. 4-50 min sessions/3 mos*	Benefit: 17% fee (>\$29) reduction for sessions. Enough time for aprox. 7.5 -50 min sessions./3 mos	Benefit: 24% fee (\$42.50) reduction for sessions. Enough time for 18 -50 min sessions/3 mos*	Benefit: FEE REDUCTIONS ACROSS ALL SESSIONS (9% session, 9% family session, 15% intensive sessions Pay 3 mos at a time and save \$375. 1620/mo = \$4,860.00

*** Daily phone and text support stop when clients reach monthly sessions. Clients who wish to continue with phone and text support may choose the GRIT plan.

* Estimates are based on 50 minute sessions and will vary depending upon the amount of phone support, text support, 30-minute sessions, and intensives.